



## WOLDS CHALLENGE HIKE - SATURDAY 6<sup>th</sup> FEB

This is a great safe event which we've supported ever since I've been involved here. It gives a safe environment to practise navigation and to work as a team.

The basic idea is to navigate around a series of manned checkpoints – starting and finishing in Warter. Scouts distance = 13.5 miles. Explorers 17.5 miles. Walking is done in teams of 4 or 5 and it doesn't work unless the team walk and work as a team!

We will meet at Warter Village hall at 0800 on Saturday 6<sup>th</sup> February ready for kit check and check.

This is the basic personal gear that walkers **must** carry

- Strong Daysack [maximum 25 litres] with waterproof liner.
- Full waterproofs - jacket and leggings
- Leather or strong fabric boots [**must be boots**]
- Warm Hat balaclava or similar + warm gloves
- Suitable clothing to walk in [no jeans]
- Food and drink for the day hike [some drinks will be available at certain checkpoints]
- Torch with 4 hours of light + Whistle
- First Aid Kit – sufficient for a day hike. i.e. plasters, bandage, scissors. (small)
- Survival Bag [each team member should carry one] – **we have plenty of these.**
- Emergency rations, i.e. chocolate, dried fruit, energy bars. [Minimum of 3 Mars Bars or similar]

Also each Team must have the following:-

- 2 Market Weighton Explorer Maps No 294 . **we will provide these**
- 2 Map cases [not required if they are laminated]
- 2 watches
- 2 compass's
- 1 Mobile Phone per team [if possible] + 30p coin for phone.

We will make no charge for taking part in this event. The Scout Troop will absorb the costs.

I will be there to oversee the start of the event but sadly I cannot be there for the finish so If you are collecting later in the day I will pass on your mobile number to the organising team...just in case.

Finishing times vary enormously. Realistically I would suggest from 1330 for the scouts but its not a major problem as they are fed on completion and there is a nice warm hall for them to wait in.

Explorer finishing times...how long is a piece of string. I would hope from 1600?!

Wolds Challenge Hike 2010 – Warter : Consent Form and Medical Notes

I consent to ..... Taking part in this event

For the duration of the event I/we are contactable on .....tel,

Details of any medication being taken / any

allergies.....  
.....  
.....

In the case of emergency and should it be necessary and if it is not possible to contact me / us  
I give my permission to the responsible Scouter in Charge to give any medical consent on my  
our behalf.

Signed.....

Date.....